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In The Body Project, historian Joan Jacobs Brumberg answers this question, drawing on diary excerpts and media images from 1830 to the present. Tracing girls' attitudes toward topics ranging from breast size and menstruation to hair, clothing, and cosmetics, she exposes the shift from the Victorian concern with inner beauty to our modern focus on outward appearance--in particular, the desire to be model-thin and sexy.

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The Body Project: An Intimate History of American Girls. A hundred years ago, women were lacing themselves into corsets and teaching their daughters to do the same. The ideal of the day, however,...

The Body Project: An Intimate History of American Girls by ...

The Body Project: An Intimate History of American Girls: Author: Joan Jacobs Brumberg: Publisher: Knopf Doubleday Publishing Group, 2010: ISBN: 0307755746, 9780307755742: Length: 336 pages: Subjects

The Body Project: An Intimate History of American Girls ...

In The Body Project (1997), Joan Jacobs Brumberg explores the changing experience of female maturation in the years between the 1830s and 1990s. She gathers rich detail from diaries written by generally white, middle-class American girls to tell the story of how their relationship to their own body has changed.

The Body Project: An Intimate History of American Girls by ...

emphasis on the body as a way of defining the self. Using intimate materials drawn from the unpublished diaries of American girls, The Body Project provides a lively and engaging story of how growing up as a girl has changed over the past one hundred years, and why the pressures on girls are now so intense.

The Body Project: An Intimate History of American Girls ...

The Body Project: An Intimate History of American Girls by Brumberg, Joan Jacobs. Random House Inc T, 01/01/1997. 1. Hardcover. Used; Good. **WE SHIP WITHIN 24 HRS FROM LONDON, UK, 98% OF OUR ORDERS ARE RECEIVED WITHIN 7-10 DAYS. We believe you will be completely satisfied with our quick and reliable service. All orders are dispatched as swiftly as possible!

9780679402978 - The Body Project: An Intimate History of ...

The Body Project: An Intimate History of American Girls is a highly accessible and enjoyable book that traces girls' relationships with their bodies over time. While the Victorian Era was a time of both constraining rules and dress for females, Brumberg encourages readers to take a second look at this period and suggests that girls may be worse off today.

The Body Project: An Intimate History of American Girls ...

The Body Project: An Intimate History of American Girls, written by Joan Jacobs Brumberg, is a compelling book presenting the history of woman's struggles with many issues including body image, self-advocacy, sexuality, and social pressures. The author guides the reader through these problems dating back to the Victorian age, up to the present day.

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The body project : an intimate history of American girls ...

The Body Project provides information about the book, the author and her work, as well as her perspective on the history of American adolescent girls and the ways in which the body has become their most important project. The Body Project: An Intimate History of American Girls

The Body Project - Joan Jacobs Brumberg

The Body Project is a group-based intervention that provides a forum for high school girls and college aged women to confront unrealistic appearance ideals and develop healthy body image and self-esteem. It has repeatedly been shown to effectively reduce body dissatisfaction, negative mood, unhealthy dieting and disordered eating.

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My most recent retail therapy resulted in the purchase of 2 obnoxiously feminist books - The Body Project: An Intimate History of American Girls and The Beauty Myth. Having just barely started the Beauty Myth, I can already see that the Body Project was more up my alley.

[The Body Project: An Intimate History of American Girls by ...](#)

Although The Body Project acknowledges a problem, it is still an entertaining read because it evokes so many memories in the lives of girls and women – particularly personal milestones such as first periods, pimples, training bras, first dates, and sexual awakening. The Body Project is perfect for generating mother-daughter dialogue, and it is remarkable for its insight about what adolescent girls have gained and lost as American women shed the corset and the ideal of virginity for a new ...

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